

**W. Rudolph Reinbacher**

**Healing Earths:  
The Third Leg of Medicine**

## **Table of Contents**

**Introduction to a Book: Quotations through Time,  
Preface and Acknowledgements  
Foreword, Puzzle for the Reader**

Chapter One	<b>Introduction to a History</b> Tribal needs for medication - medicinal uses of earths the perennial deprecators - Earth medicines: healing examples - Earth is not dirt - clay as deodorant.
Chapter Two	<b>A Roadmap to Earths and Cures</b> The meaning of “earth” - the names of the earths - cures by earths.
Chapter Three	<b>The Hero who Conquered Cholera:</b> A brief biography of the life and career of Dr. Julius Stumpf (Illustrations - see Chapter 17)
Chapter Four	<b>Clay for External Medical Application</b> Old ineffective treatments of wounds - what a dead body can teach - the first case history of clay as wound bandage - what makes clay do that? Peer comments and tests.
Chapter Five	<b>Use of Clay in Internal Medicine</b> Fast action by dry or wet clay - Dr. Stumpf’s mother: The first case history - attack and victory over Asiatic cholera - success in Serbia - next: diphtheria.
Chapter Six	<b>Peer Acceptance of Clay in Medical Treatment</b> The burden of cervical catarrh - gangrene defeated with bolus - babies are happier - new clay treatments - clay and World War I.- Frey’s case history of amoebic dysentery cured by clay.
Chapter Seven	<b>Eating Earth - Geophagy, Geopharma</b> Eating earth for five reasons - full credit to Berthold Laufer and Günther Stahl - Earths as cause or cure of hookworm disease - geophagy everywhere today.
Chapter Eight	<b>Medicinal Earths in Antiquity</b> China’s earths and soils -mud of ancient rivers - mineral drugs of the Fertile Crescent - Papyrus Ebers on medicines.

Chapter Nine	<p>The Concept of Medical Stones and Metals</p> <p>Again, China first - real Greek and unreal Greek influence - the Arab influence - confusion of nomenclature - eating and wearing of stone - Albertus Magnus and Konrad von Megenberg</p>
Chapter Ten	<p>Healing Earths in Post-Antiquity and the Middle Ages</p> <p>The story of Lemnos and its earth - more Greek earths - Turkey and trimmings - earths from Malta and like Mediterranean locations - classic earths by name or type - writers of healing earths - the School of Salerno - The Circa Instance - and other great herbals - Hortus Sanitatis - the Aztec herbal Badianus.</p>
Chapter Eleven	<p>Medical Earths in Commercial Uses.</p> <p>Singer's history of alum - Robertson's cloth makers earth - the cat's meow of relief.</p>
Chapter Twelve	<p>Earths of Early Modern Times <b>Fehler! Textmarke nicht definiert.</b></p> <p>Beginning the 16th century - the great collectors - a little known giant: Johann Daniel Major - the father of geology: Georgius Agricola - new drug manuals - a modicum of progress - earths in the 18th century - (Illus. - see Chapter 17))</p>
Chapter Thirteen	<p>Progress with Medical Clay in the 19th Century</p> <p>The episode of the earth toilets - Resurgence of clay treatment in Europe - soil theory and bacteria: Max von Pettenkofer v. Robert Koch - clay treatment in America by Addinell Hewson.</p>
Chapter Fourteen	<p>Earths of the Early 20th Century</p> <p>For peat's sake - unsupported research statements - reports on new earths - flowers eat calcium carbonate.</p>
Chapter Fifteen	<p>Healing Water, Healing Mud</p> <p>Zedler knows everything - bath towns come and go - bathing cures (almost) everything - attempts to put science into the bath water - the champion of mud - steel waters run deep - moor and mud bathing.</p>
Chapter Sixteen	<p>Research into the 21st Century</p> <p>Thompson 1914 - August 6 in the Catholic liturgy - Heller 1964 - the Maltese connection - Bech-I-Borràs from Catalan, Robret Robertson from Scotland - Black 1956 - what now is the curative factor of clay?</p>

Healing Earths: The Third Leg of Medicine

Chapter Seventeen                   Minting the Coins of Clay (the Chapter of Illustrations)  
Introduction - Dr. Julius Stumpf, - Chinese Materia medica -  
Map of Aegean Sea and of Lemnos - Circa Instans -  
Earths in Alchemy - Hortus Sanitatis - Clay coins

Chapter 18 Part 1                   Introduction to Andreas Berthold  
Introduction to Discourse on Terra Sigillata

Chapter 18 Part 2                   Andreas Berthold von Oschatz  
The Annotated text of the Discourse on Terra Sigillata

Bibliography

Glossary and List of Minerals

